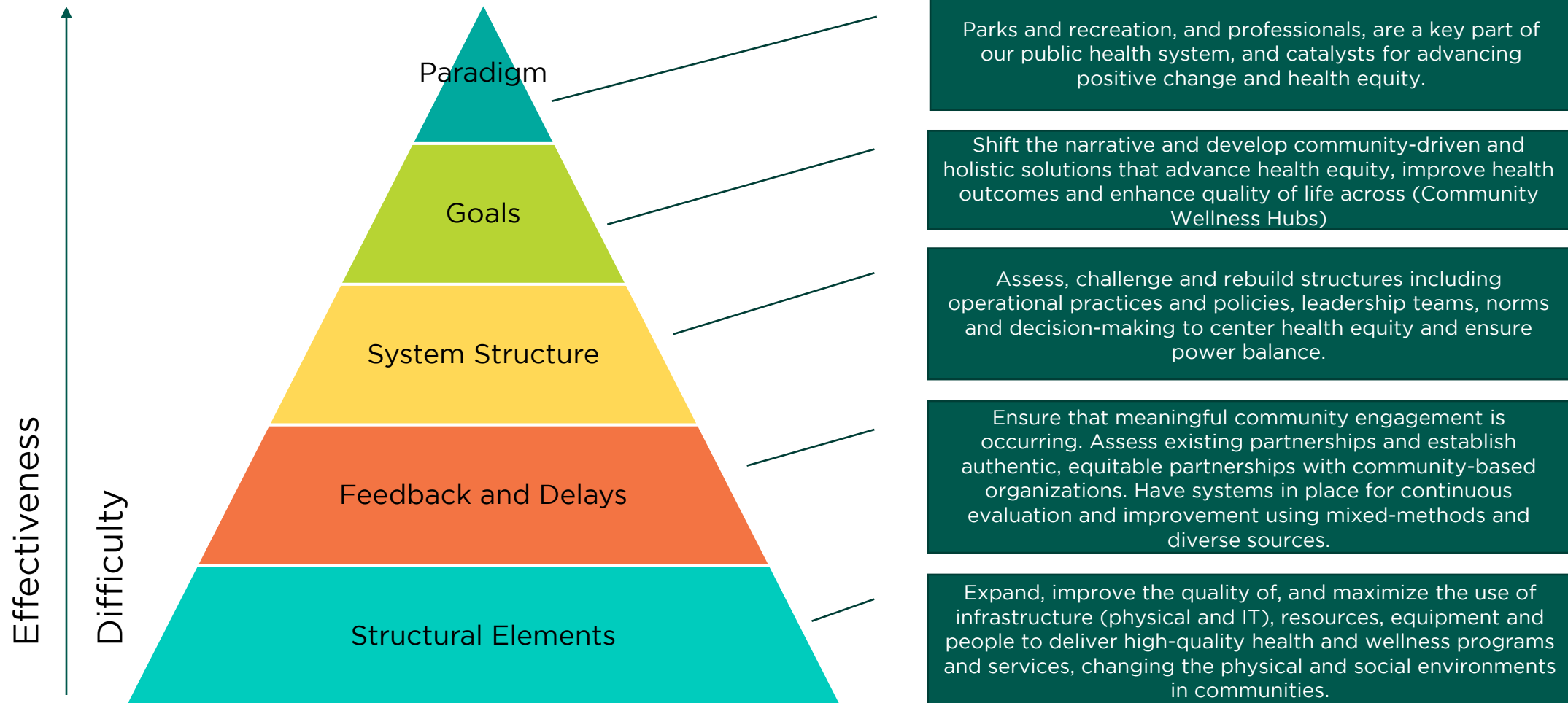


SYSTEMS CHANGE

To ensure all people can benefit from parks and recreation, professionals must focus on advancing **systems change** approaches. **Systems change** is focused on addressing the root causes of a problem, not its symptoms. **Systems change** approaches involve changing **power structures, policies, social norms, relationships, environments (physical and social), and resources.**

Altering these forces has the greatest potential to catalyze the transformational change needed to address the root causes of health inequities.

NRPA's Systems Change Approach to Advancing Community Health and Well-Being



*Malhi and colleagues' 5-intervention-level framework